

# Initiating and Managing Change For Leaders

Duration: 8 Hours

For  
Managers

## Course Description:

Initiating and managing change is a complex process that involves numerous issues. The two main areas that this course addresses are the understanding that change is an ongoing process involving real psychological issues and how to manage this process. Leaders gain an understanding of the salient emotional issues during times of change, their own reaction to change, and how to effectively deal with their associates' reaction to change.

This course is based upon active learning, with rich, interactive exercises and applied experiences.

## Learning Objectives:

At the end of this course, participants will be able to:

- Understand the process of change
- Identify changes taking place in the organization and people's reaction to them
- Learn how to manage the change process
- Recognize and manage their own reactions to change
- Identify their change style
- Recognize the psychological issues associated with change
- Learn techniques to help their associates deal with the negative reactions to change

## Outcome:

*Increased personal and organizational skills resulting in improved ability to manage and embrace changes connected to overall business strategy.*