

# The Power of Attitude

Duration: 2 Hours

For  
Managers  
and  
Staff

## Course Description:

Attitude, positive or negative, is what every employee brings to the workplace. Attitude spreads and affects individuals, teams, and organizations, impacting productivity, motivation, and the bottom line. Even small changes in attitude can substantially alter an employee's or a team's functioning.

This course is based upon active learning, with rich, interactive exercises and applied experiences.

## Learning Objectives:

At the end of this course, participants will be able to:

- Differentiate between positive and negative attitude cycles
- Identify behaviors associated with positive and negative attitude cycles
- Discover how "games" lead people in to the negative cycle
- Identify strategies for working within the positive cycle, and minimizing the effects of the negative cycle
- Recognize when others are in the negative cycle
- Formulate techniques to protect against the power of others who remain in the negative cycle

## Outcome:

*Enhanced ability to remain in a positive attitude cycle resulting in higher productivity, motivation, and improved communication.*